
What about Mediums, Clairvoyants, and Healers?

Over the years I have answered a huge number of questions. I rarely speak about mediums, clairvoyants or healers, but here's my answer to a question from a healer on the subject.

Q: "As a healer in training, I understand that mediumship is a part of this ability. While my intent first and foremost is to become a healer, I am curious, are all mediums healers and vice versa? If not why?"

A: Over the years I have been fortunate enough to meet many different healers. Some of them have been trained in a variety of different schools or traditions, from medical practitioners, to energy healers of different disciplines, to traditional healers in indigenous cultures. Yet others, a few, are self taught. And then there are those who would never call themselves healers but who are exactly that - the aunt who always had the right word, the gardener who seemed so peaceful to be with, the receptionist in the doctors office who "only" organized appointments, but actually, by her presence did a great deal more. Clearly there is a wide variation in what constitutes a healer, and how that person is trained, or not. However, my guess is that you are training in some energetic, perhaps "hands on", school of healing. I'm going to answer the question with that in mind.

Hand on healers, like all other healers, have different stories about what they think they are doing- for example they may believe that the energy they are dealing with comes from god and that they are simply a vessel thorough which energy passes to heal the patient. There are also beliefs about the procedures that dictate how a healer should manipulate energy to achieve healing in a patient, or for the safety of themselves and the patient. These beliefs sometimes vary from school to school. Some schools believe that the personal qualities of the healer play a part in the success of the work. And, there are different ideas on how to cultivate these. Giving up ego- whatever that means- or more precisely, means to the teacher who is using the expression, is often considered a requisite. Another frequent suggestion, is that a certain amount of time should be spent in meditation. Again that is of whatever sort of meditation is preferred by the trainer. Clearly there are many different ways of teaching healing.

Personally, I believe that individual development is crucial, for training healers. Actually its crucial for anyone serious about and doing energy or client or creative work- and that covers just about everyone! It is developing consciousness, and participating in evolution. Over the last many years, this development has been my passion. I live it, sleep it, practice, it teach it, learn it.

The basis of the system that I teach was given to me in a series of channeled sessions many years ago, even though then, as now, I am not especially keen on so called "channeling". It is a well structured set of teachings which together form an extraordinary system for promoting the individual growth and understanding that is essential for evolving consciousness and human development. It is concerned with both developing energy, and principles – or ethics. It brings or promotes integration, balance, wisdom, creativity, contact with archetypes for those who seek it, intuition, compassion, multiple ways of knowing- and joy.

Good healers work from their fully supported hearts, A fully supported heart is one supported by well functioning energy system - which is a complicated, wonderful state to achieve. The process of achieving a fully supported heart is the energetic correlate of personal development.

What about Mediums, Clairvoyants, and Healers?

In most healing schools, the underlying belief is that the healer either puts an energetic input into the patient, removes energy/toxins from the patient, or moves the patient's energy in some way, or all of those, or a combination. It is an interaction with the energy body, the energy immediately around the individual, though it may go beyond that into the causal realm. (To learn more about the causal realm you will need to work with me .) But, briefly the causal realm is the name I use- its widely used- for the energetic realm that extends beyond the human energy body. It's the domain where events emerge, It's the energy universe beyond the individual human energy body. Energy moves from the causal realm into the human energy body. All this is usually associated with the belief that these processes can be taught or improved upon.

A medium is different. Mediums need to have access directly into the causal realm from which they either bring back impressions, which need to be converted into information, or allow in energies or presences of those who have deceased (or perhaps, sometimes, the one can be thought of as the other?) One way of describing this is to say that mediums go beyond the energy body into the causal. They are channels. Of course good mediums work with their hearts engaged and fully supported, like healers -as we all aspire to do. Sadly, some mediums sometimes work from only a part of their energy system, the so called Third Eye . (Again, if you work with me on the Anatomy of Energy TM you will learn more about how the Third Eye, and the energy system, functions.)

Clairvoyants and intuitives are different again! For me, an intuitive reads energy, which holds the individual's history. A clairvoyant attempts to go into some causal realm and bring back information.

I work as an intuitive, helping progress my clients' individual development. My aim is for my clients to grow and expand to become their best, fullest most complete selves: become fully empowered, integrated, develop their multiple ways of knowing and more. Then, I never work as a clairvoyant and foretell the future- or claim to do so. We each develop our own futures. The belief that the future is set for us is sadly limiting and disempowering. Change is always possible. Occasionally in the past I found myself working as a medium. It is not something I seek, but sometimes it happens.

In all cases, with healers, mediums, intuitives, and clairvoyants, the development of the individual will have a significant impact on the quality and kind of information or healing they offer, the way they offer it, and its effect on the client. All healers can be trained to develop mediumship to a degree. All mediums can be trained to develop healing abilities to a degree, and the same with clairvoyants and intuitives. But, it is not automatic. The development of the individual is a crucial factor, as are the innate talents or gifts of the individual. Everyone has the ability to develop their multiple ways of knowing- the foundation of understanding beyond the accepted senses- to some degree.

An orderly process of human energetic development, which is the same as saying the orderly development of the whole person, is the goal. This developmental process, enables the heart, to functioning properly. That point will bring the gifts each individual needs and is best suited to from the realms of intuition. Only then do those who are really suited to be mediums blossom . But everyone has intuitive abilities which can be developed. Everyone has multiple ways of knowing, waiting to be accessed.

Forced development of intuition, which often happens quite separately from real whole person development, will almost always bring problems. So the brief

What about Mediums, Clairvoyants, and Healers?

answer to your question is that healers can sometimes be trained to work as mediums, and vice versa, but the truest way for all to work is to concentrate on the development of themselves as energetic beings, and inhabitants of our precious world. Then, we will all be privileged in knowing our interconnectedness and in being able to offer our best for our own benefit and the benefit of our world. That best may be to work as a healer, a medium, or metaphorically, as a receptionist in the doctors office, a gardener or whatever else. It will certainly enable us to fulfill our responsibilities and enjoy our blessings as parents in the best possible ways. It will also bring the gifts of the ability to live a valuable life, and multiple ways of knowing. Finally, it will show us the path to joy.