

TEACHERS / RAISING YOUR OWN ENERGY

I think one thing that is important to make absolutely clear is that we are not talking about dependent relationships. Absolutely key in what I have done -or try to do- is to help others find the light within themselves: to dislodge the notion or the theory of the guru, who is necessary to help you find your light, in every sense. And if I think in terms of energy, it is to help other people raise the level of vibration they feel, and that they are capable of contacting. Generally- doing this work- people will become more sensitive, both to themselves and to others, and become better able to deal with their lives and the world around them. Often, they also find their creativity is enhanced and that they are able to use it more according to their wishes.